



# SWIM LESSONS

Swim Lessons are scheduled in four-week sessions. You may sign up for multiple days a week for Lessons and Club. Prices below, for Group Lessons, are listed for 1 day a week, but students may sign up for multiple days a week, if desired. Group lessons can all be booked online at the link listed below. *Swim Club\**, *Semi Private*, and *Private* lessons must all be booked through our Aquatics Manager by emailing northbay.aquatics@activewellnesscenter.com or calling 707.624. 8080 opt. 5

*\*Swim Club is billed monthly, 30 day cancellation. Program utilizes Specialized instructors as well as Swim Instructors.*

## MEMBER PRICING

### Youth Group Lessons

#### 4- 30-minute lessons

Level 1 & Starfish: \$80  
Level 2 & Flounder: \$88  
Level 3 & Eel: \$96  
Level 4: \$104

### Parent/Tot Group Lessons

#### 4- 30-minute lessons

\$60

### Adult Group Lessons

#### 4- 30-minute lessons

\$120

### Swim Club:

**Adult or Teen/1-hr** \$75 monthly unlimited

#### Youth

#### **Beginner/30-min**      **Intermediate.-Adv./1-hr**

1 day a week: \$70	1 day a week: \$100
2 days a week: \$90	2 days a week: \$125
3 days a week: \$110	3 days a week: \$150

### Semi Private Lessons

#### 30-minute lessons

4-pack \$115      8-pack \$224

### Private 30-minute lessons

4-pack \$195      8-pack \$384

## NON-MEMBER PRICING

### Youth Group Lessons

#### 4- 30-minute lessons

Level 1 & Starfish: \$120  
Level 2 & Flounder: \$128  
Level 3 & Eel: \$136  
Level 4: \$144

### Parent/Tot Group Lessons

#### 4- 30-minute lessons

\$100

### Adult Group Lessons

#### 4- 30-minute lessons

\$160

### Swim Club:

**Adult or Teen/1-hr** \$135 monthly unlimited

#### Youth

#### **Beginner/30-min**      **Intermediate.-Adv./1-hr**

1 day a week: \$100	1 day a week: \$125
2 days a week: \$125	2 days a week: \$150
3 days a week: \$150	3 days a week: \$175

### Semi Private Lessons

#### 30-minute lessons

4-pack \$155      8-pack \$302

### Private 30-minute lessons

4-pack \$235      8-pack \$462

**BOOK HERE>>**

SCAN TO SIGN UP





# SWIM LESSONS

## 2026 SUMMER SESSIONS

### TUESDAY

6/9- 6/30  
7/7- 7/28

### THURSDAY

6/11- 7/2  
7/9- 7/30

### SATURDAY

6/6- 6/27  
7/11- 8/1

### MONDAY/WEDNESDAY

6/8- 6/18      7/20- 7/29  
6/22- 7/1      8/3- 8/12  
7/6- 7/15

### TUESDAY/THURSDAY

6/9- 6/18      7/21- 7/30  
6/23- 7/2      8/4- 8/13  
7/7- 7/16

## SMALL GROUP SWIM LESSONS

- > Parent/Toddler (ages 3 mos-3 yrs)
- > Youth (ages 4-7)
- > Youth (ages 7-17)
- > Adult (18+)

- Monthly lessons are one day a week for 4 weeks. Option to add 2-3 days a week available.
- Scan the QR and go to the website below, search for the next start date to view all class times and get registered.

## PRIVATE AND SEMI PRIVATE

Private and Semi Private lessons, please call 707.624.8080-opt.5, come in, or email [northbay.aquatics@activewellnesscenter.com](mailto:northbay.aquatics@activewellnesscenter.com).



### Swim Club:

Join our Swim Club at Active! We have options for beginners, Intermediate and advanced levels. Swim Club is open to Youth, Teens, and Adults. Participants must 'try out' before joining Swim Club, to assess skill level. Children must be at L3 or above. To learn more about Swim Club programming and class schedule, please call 707.624.8080-opt.5, come in, or email [northbay.aquatics@activewellnesscenter.com](mailto:northbay.aquatics@activewellnesscenter.com)



SCAN FOR FULL  
SCHEDULE AND  
REGISTRATION



[www.activewellnesscenter.com/northbay/aquatics/swim-lessons](http://www.activewellnesscenter.com/northbay/aquatics/swim-lessons)

\*\*Class days & times subject to change, be canceled, or combined based on number of enrollments.