



MASSAGE THERAPY

MEMBER PRICING

SWEDISH, SPORTS or LYMPHATIC DRAINAGE

50 Minutes

- ❖ 1 session: \$80
- ❖ 4 session package: \$300

SWEDISH, SPORTS or LYMPHATIC DRAINAGE

80 Minutes

- ❖ 1 session: \$120
- ❖ 4 session package: \$460

DEEP TISSUE or HOT STONE

50 Minutes

- ❖ 1 session: \$95
- ❖ 4 session package: \$360

DEEP TISSUE or HOT STONE

80 Minutes

- ❖ 1 session: \$135
- ❖ 4 session package: \$520

RED LIGHT THERAPY

20-30 Minutes

- ❖ Monthly Membership: \$100

CHAIR MASSAGE

Member/Non-Member

- ❖ 10 Minutes: \$15
- ❖ 15 Minutes: \$20
- ❖ 20 Minutes: \$25
- ❖ 25 Minutes: \$30

NON-MEMBER PRICING

SWEDISH, SPORTS or LYMPHATIC DRAINAGE

50 Minutes

- ❖ 1 session: \$90
- ❖ 4 session package: \$340

SWEDISH, SPORTS or LYMPHATIC DRAINAGE

80 Minutes

- ❖ 1 session: \$130
- ❖ 4 session package: \$500

DEEP TISSUE or HOT STONE

50 Minutes

- ❖ 1 session: \$105
- ❖ 4 session package: \$400

DEEP TISSUE or HOT STONE

80 Minutes

- ❖ 1 session: \$145
- ❖ 4 session package: \$560

RED LIGHT THERAPY

20-30 Minutes

- ❖ Monthly Membership: \$220

- ❖ 50 & 80 minutes for Massage reflects the total time with massage therapist during the appointment. The hands-on time may be shorter depending on client arrival time, intake discussions between client and therapist, or other factors.
- ❖ Members cannot purchase member sessions for non-members. Only members can use member sessions.
- ❖ Participants must be 18 years of age or older
- ❖ First appointment requires the completion of an intake form to determine needs of the client and eligibility to work with therapist. Be sure to arrive at least 15 minutes prior to first session, and at least 5 minutes prior to subsequent sessions.
- ❖ Red Light Session are 20-30 min for treatment. Please limit total time in room to 40 min. Single sessions available at \$40 per session.