



SWIM CLUB

Recreational Swim Club & Team for Youth & Teens

JUNIOR/SWIM CLUB & TEAM

Explores stroke development and provides endurance training in a non-competitive team environment. Learn introduction to competitive technique, drills and skills. We have a strong focus on stroke development, providing a team atmosphere and promoting good sportsmanship. Participants are also able to explore competitive swimming with our USA Swimming opportunities. A fun way to challenge your kids' strokes and endurance levels in both a competitive and non-competitive environment. Fitness and fun continue as our primary goals.

Orange Group: 30min (T 3:30pm, Th 4:00pm)

Yellow Group: 30-45min (T-F 4:00pm)

Green Group: 45min (T-F 4:30pm)

Purple Group: 60min (Varies)

Member Monthly Cost

One Day Weekly: \$80

Two Days Weekly: \$120

Three Days Weekly: \$160

Non-Member Monthly Cost

One Day Weekly: \$100

Two Days Weekly: \$150

Three Days Weekly: \$180

CONTACT:

swim@activewellnesscenter.com

